

Cancer Genetic Counseling Services

Understanding your risk for cancer is the first step toward reducing that risk.

At Invision Sally Jobe, we understand that your cancer risk is as unique as your shoe size. Through our established Risk Assessment and Prevention Program (RAPP), we have developed a process that not only estimates cancer risk, but also evaluates patient history that is suggestive of hereditary cancer(s).

We are proud to work as a team with you and your referring doctor(s) to develop a personalized cancer screening plan that fits you like a glove. We understand that it can be frightening to face an increased risk for a disease like cancer. However, we also believe in empowering patients to understand their options when it comes to health and wellness.

Hereditary Cancer

The cause of cancer is unknown for some individuals. However, 5-10% of cancers occur because of an inherited genetic problem (mutation) which leads to what we call a hereditary cancer syndrome. These hereditary cancer syndromes can increase risks for various cancers and can also be passed down from generation to generation through the mother's or father's side of the family. Knowing your family health history is one important factor in determining the likelihood of having a particular genetic mutation or likelihood of developing a disease in the future.

Indicators for Hereditary Cancer Syndromes

Here is a checklist of family story information that may suggest increased cancer risk.

- Rare cancers such as medullary thyroid cancer, male breast cancer,



sarcoma (cancer of the connective tissue), etc

- Cancers that occur at an earlier age than usual (typically diagnosed under age 50)
- One or more family members with two primary cancers (two original tumors that develop in different sites)
- Three family members with the same type of cancer or related types of cancer (such as breast and ovarian cancer, colon and uterine cancer, etc.)
- Ashkenazi (Eastern European) Jewish background and family history of breast or ovarian cancer

Who can I talk to about my cancer risk?

If you are concerned that your personal or family history of cancer is suggestive of a hereditary cancer syndrome, speak with your primary care physician, oncologist, or other healthcare provider. They can refer you to a local genetics professional, such as a genetic

counselor. If you have already tested positive for a gene mutation that increases cancer risk, a consultation with a genetics counselor can provide the most up-to-date medical recommendations and information related to the syndrome.

What should I expect during a genetic counseling appointment?

- Review of your medical and family history
- Discussion of your specific chances of having a hereditary cancer syndrome
- Discussion of the risks and benefits and possible outcomes of genetic testing
- Review insurance coverage and laws to protect against genetic discrimination
- With aid of genetic test results, discussion of your specific chances of developing cancer and a tailored screening or prevention plan
- Review of research studies for which you may be eligible

What do I do next?

Talk with your physician about your risk factors and your desire to learn more about additional options to detect your cancer early, if not prevent it altogether. You may also contact us to ask questions via phone or to schedule a visit with our board-certified genetic counselors.

Does insurance cover the cost of genetic counseling and genetic testing?

At Invision Sally Jobe, genetic counseling visits are most often covered by insurance. When a genetic counselor or other medical professional recommends genetic testing, insurance covers it in most cases. A genetic counselor and the laboratory conducting the testing can help you find out if genetic testing is covered by your specific insurance plan and what the out-of-pocket cost would be to you. If you would like to contact your insurance company to check on your coverage for genetic counseling and/or testing, please contact us for the relevant billing code(s).

If I test positive for a genetic predisposition syndrome, could this affect the insurability of my children and/or other relatives?

Genetic information cannot be accessed by anyone, except you and people you authorize to view this information. Furthermore, the Genetic Information and Discrimination Act of 2008 (also known as "GINA"), is a federal law that prohibits insurance companies and employers from discriminating against someone because of their genetic information. Additionally, Colorado law (S.B. 94-058) states that health insurance, group disability and long-term insurance coverage cannot be denied based on genetic information.

Locations

Invision Sally Jobe offers convenient locations throughout the Denver metro area. Visit www.invisionsallyjobe.com to find the location nearest you.

Why Invision Sally Jobe?

Every Invision Sally Jobe breast imaging site is a National Quality Measures for Breast Centers® (NQMBC) Certified Quality Breast Center of Excellence™. This designation is awarded to facilities that consistently demonstrate excellence in patient care and adherence to the highest clinical quality standards. Invision Sally Jobe is the only breast network in Denver metro area to earn this distinction.

Invision Sally Jobe is also an American College of Radiology (ACR) Breast Imaging Center of Excellence and fully certified by the FDA.



Resources

- GINA : Genetic Information Nondiscrimination Act (ginahelp.org)
- American Board of Genetic Counselors (www.abgc.net)
- National Society of Genetic Counselors (NSGC.org)
- American Cancer Society (www.cancer.org)

For more information about our commitment to quality, please visit www.InvisionSallyJobe.com.

To schedule an appointment, call 720.493.3700.

For other inquiries, call our Patient Care Coordination line at 720.493.3459 or email pcc@riaco.com.



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